

Health & Social Care 2 Year Curriculum Plan

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Teaching and Learning Vision

Knowledge is power. Information is liberating.

Kofi Annan

At Smith's Wood Academy, we believe all students, whatever their background, are able to become **experts** in the disciplines that they study. Their expertise will be achieved through quality teaching and the dissemination of deep knowledge by highly skilled and knowledgeable subject experts. The Mastery approach to teaching will prevail – in every classroom, every lesson, every day.

Our students have the right to be introduced to **deep knowledge** and a **wealth of information** from the spectrum of subjects that they study. They will be introduced to, and understand, theories and principles that have influenced, continue to influence, and will influence in the future, the world in which they live. They will be prepared to fully engage in academic discussion about their learning.

This learning will secure a successful place in society for our students. They will go further than they ever thought possible.

Teaching and Learning Vision for the Health & Social Care Department

Health and Social Care at Smith's Wood Academy will prepare our students for the world of work in the 21st Century. It will give learners the opportunity to learn knowledge and build skills that show an aptitude and a passion for further learning both in the sector and more widely.

We can turn every Health & Social Care learner into a young adult with the interest, knowledge and skills that will enable them to move forward to a positive destination.

At the end of Year 11 students in **Health & Social Care** will....

Know and understand

Human growth and development across life stages and the factors that affect it
The different aspects of growth and development across the life stages using the physical, intellectual, emotional and social (PIES) classification.

- Main life stages
- PIES growth and development in the main life stages

The different factors that can affect an individual's growth and development. How different factors will impact on different aspects of growth and development.

- Physical factors
- Social and cultural factors
- Economic factors

The different life events that can impact on people's physical, intellectual, emotional and social development.

- Physical events
- Relationship changes
- Life circumstances

How individuals can adapt, or be supported through changes caused by life events.
How individuals adapt to these changes.

- Sources of support
- Types of support

The different types of health and social care services and barriers to accessing them
The health and social care services that are available and why individuals may need to use them.

Different health care services and how they meet service user needs.

Different social care services and how they meet service user needs.

The barriers that can make it difficult to use these services, and how these barriers can be overcome.

The different care values that are key to the delivery of effective health and social care services.

- empowering and promoting independence by involving individuals, where possible, in making choices, e.g. about treatments they receive or about how care is delivered
- respect for the individual by respecting service users' needs, beliefs and identity
- maintaining confidentiality (when dealing with records, avoiding sharing information inappropriately, e.g. gossip)
- preserving the dignity of individuals to help them maintain privacy and self-respect
- effective communication that displays empathy and warmth

- safeguarding and duty of care, e.g. maintaining a healthy and safe environment, keeping individuals safe from physical harm
- promoting anti-discriminatory practice by being aware of types of unfair discrimination and avoiding discriminatory behaviour.

How factors can affect an individual's health and wellbeing positively or negatively.

Definition of health and wellbeing: a combination of physical health and social and emotional wellbeing, and not just the absence of disease or illness.

Physical and lifestyle factors that can have positive or negative effects on health and wellbeing

Social, emotional and cultural factors that can have positive or negative effects on health and wellbeing

Economic factors that can have positive or negative effects on health and wellbeing

Environmental factors that can have positive or negative effects on health and wellbeing

The impact of life events relating to relationship changes and changes in life circumstances

Indicators that can be used to measure physiological health, how to interpret data using published guidance.

Physiological indicators that are used to measure health:

- pulse (resting and recovery rate after exercise)
- blood pressure
- peak flow
- body mass index (BMI).

The key features of health and wellbeing improvement plans.

The importance of a person-centred approach that takes into account an individual's needs, wishes and circumstances.

The obstacles that individuals can face when implementing these plans and how they may be mitigated.

Be able to

Demonstrate that they can identify and use effectively an appropriate selection of skills, techniques, concepts, theories and knowledge from across the whole qualification in an integrated way.

Investigate how, in real situations, human development is affected by different factors and that people deal differently with life events.

Assess the changing impact of different factors in the growth and development across three life stages of a selected individual.

Assess how well two individuals adapted to a life event and the role and value of support in this.

Assess the suitability of health and social care services for individuals in a given scenario, making justified and realistic suggestions for how barriers for one service can be overcome.

Demonstrate the care values independently in a health or social care context, making justified and appropriate recommendations for improvements of own application of the care values that incorporate feedback.

Demonstrate a high level of knowledge and understanding of factors that affect health and wellbeing.

Explain clearly how different factors have positive and negative impacts on health and wellbeing, including the impact of a specific life event on wellbeing.

Demonstrate a high level of ability to interpret lifestyle and physiological data to explain clearly, and in detail, factors that could potentially affect an individual's current and future physical health.

Design a health and wellbeing improvement plan that clearly describes recommendations, with specific and realistic short- and long-term targets and sources of support that are linked to the targets.

Provide a clear and convincing justification for the plan in terms of how it links to needs, wishes and circumstances of the individual.

Clearly describe potential obstacles that might arise in keeping to the plan and make realistic suggestions for how these may be overcome.

Have been exposed to the following textsTextbooks

Boyd D., Bee H., Lifespan Development, (2015), Pearson Education Limited, ISBN: 9781292065625

Journals

Community Care Magazine
The Nursing times

Websites

<https://www.citizensadvice.org.uk>
www.communitycare.co.uk/2010/09/20/what-is-the-role-of-social-workers
<https://www.careforthefamily.org.uk/Family-life/bereavement>
<https://www.mind.org.uk/information-support>
www.dignityincare.org.uk
www.autism.org.uk/working-with/social-care-and-support/person-centredplanning.aspx
www.bbc.co.uk/learningzone/clips/help.shtml
www.nursingtimes.net
www.communitycare.com

Have been exposed to the following knowledge and theories that span beyond the BTEC Level 2 specification

Level 3 text books and resources

- Stretch B and Whitehouse M – BTEC Level 3 Nationals in Health and Social Care Student Book 1 (Pearson, 2010)
- Stretch B and Whitehouse M– BTEC Level 3 Nationals in Health and Social Care Student Book 2 (Pearson, 2010)

Level 3 theories and concepts - theories of ageing, genetic disorders & the impact of life events.

Developed their cultural and social capital through the following extra-curricular work

Aim Higher/University subject taster days

Guest speakers – social workers, child protection, family workers, occupational therapist.

2 Year Curriculum Plan
Year 10 BTEC Health & Social Care at Smith's Wood Academy

In unit 1 you will study how people grow and develop over the course of their life, from infancy to old age, this includes physical, intellectual, emotional and social development and the different factors that may affect them. An individual's development can be affected by major life events, such as marriage, parenthood or moving house, and you will learn about how people adapt to these changes as well as the types and sources of support that can help them.

Providing good health and social care services is very important and a set of 'care values' exists to ensure this happens. Care values are important because they enable people who use health and social care services to get the care they need and to be protected from different sorts of harm.

Unit 2 will give you an understanding of health and social care services and will help you develop skills in applying care values which are common across the sector (some of which are transferable to other sectors that involve interactions with clients or customers).

Year 10 Units of Study		Length of unit
Unit 1	LA A Understand human growth and development across life stages and the factors that affect it LA B Investigate how individuals deal with life events.	36 hours
Unit 2	LA A Understand the different types of health and social care services and barriers to accessing them LA B Demonstrate care values and review own practice.	36 hours

Year 11 Health & Social Care at Smith's Wood Academy

Learners will study the factors that affect health and wellbeing, learning about physiological and lifestyle indicators and how to design a health and wellbeing improvement plan. Being healthy can mean different things to different people: you might think 'healthy' is not having to visit the doctor but an older person might consider it being mobile and able to get out and about, being happy and having friends.

In Unit 3, we look at the factors that can have a positive or negative influence on a person's health and wellbeing. We will learn to interpret physiological and lifestyle indicators and what they mean for someone's state of health. We will learn how to use this information to design an appropriate plan for improving someone's health and wellbeing, including short- and long-term targets. Additionally, we will explore the difficulties an individual may face when trying to make these changes.

Year 11

	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7
Autumn Term 1	Unit 3 AO1	Unit 3 AO2	Unit 3 AO2				
Autumn Term 2	Unit 3 AO2	Unit 3 AO2	Unit 3 AO2	Unit 3 AO3	Unit 3 AO3	Unit 3 AO3	Unit 3 AO3
Spring Term 1	Unit 3 AO4	Unit 3 AO4	Unit 3 AO4	Unit 3 AO4	Assessment opportunity 1	Unit 3 Revision where needed	
Spring Term 2	Unit 3 Revision where needed						
Summer Term 1	Assessment opportunity 2						

